





Eliminating Materialism

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Hey Readers,

Happy November! I Hope your week has been filled will love and positivity.

In society today, the world often urge us s to buy the best gadgets, trendiest clothes, and bigger better things. Sometimes we tend to use material things to make us happy or to avoid our problems. However these possessions or purchases don't make us happy. Materialism is a tendency to consider material possessions and physical comfort as more important than spitriual values. Putting Material things first will not help you. When we leave this earth, theese possessions will not follow us. I know it can be hard to escape the trap of materialism, but you can do it if you have faith in yourself! Here is some Tips to help you:

- 1. Value experiences over possessions
- 2.Limit TV+ internet + social media (trust me I know this can be hard)
- 3. Practice gratitude!! (the quality of being thankful; readiness to show appreciation for and to return kindness.)
- 4. Declutter
- 5. Become more environmentally conscious
- 6.Remember you cant take it with you!



BOOK OF THE WEEK

Thirteen-year-old Brian Robeson, haunted by his secret knowledge of his mother's infidelity, is traveling by single-engine plane to visit his father for the first time since the divorce. When the plane crashes, killing the pilot, the sole survivor is Brian. He is alone in the Canadian wilderness with nothing but his clothing, a tattered windbreaker, and the hatchet his mother had given him as a present.

At first consumed by despair and self-pity, Brian slowly learns survival skills-how to make a shelter for himself, how to hunt and fish and forage for food, how to make a fire—and even finds the courage to start over from scratch when a tornado ravages his campsite. When Brian is finally rescued after fifty-four days in the wild, he emerges from his ordeal with new patience and maturity, and a greater understanding of

himself and his parents. **BLUEBERRY BUTTERMILK PANCAKES** DIRECTIONS

In a small bowl, mix flour, salt, baking powder and soda, and sugar together with a fork. In a large mixing bowl, combine buttermilk, vanilla, butter, and eggs until well-mixed. Fold in dry ingredients and blueberries until just incorporated. Do not over-mix (batter should be lumpy). Heat griddle or large nonstick skillet over medium-low heat. Add dab of butter and scoop 1/3 cup of batter on griddle. Cook for 2 minutes (bubbles will appear), then flip and cook 1 minute more. Pancakes should be golden brown. Repeat steps for remaining

pancakes. Serve with butter, maple syrup, and blueberries. 1 1/2 c. all-purpose flour 3/4 tsp. kosher salt 1 1/2 tsp. baking powder 3/4 tsp. baking soda 1 tbsp. granulated sugar 2 1/4 c. buttermilk 1/2 tsp. pure vanilla extract 4 tbsp. melted butter, plus more for serving 2 large eggs, beaten 2 c. fresh blueberries, plus more for serving Maple syrup, for serving



Riddle time

Imagine you are in a room with no windows or doors. How will you get out? Answer: Stop imagining. A group of bunnies were having a birthday party. What kind of music were they listening to? Answer: Hip hop music. Where would you take a sick boat? Answer: To the dock.

'Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor

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forsake you." Hebrew 13:5



Be happy with the things you have no matter how little it is. God doesn't care what you have. He loves you for who you are & who you'll become. He has given us many precious blessings, such as the breath of life and eyes to see etc. He has promised never to leave us nor forsake us, no matter how fiercely the bitter winds of trial batter our lives. Do not let money be your God. Serve the true and living God, who is the God of the land and the Sea

