



# FORGIVENESS



ETERNAL GEMS YOUTH NEWSLETTER



## LEARNING TO FORGIVE

BY MAGDALENE OBVENOFUNDE

Hi readers,

I hope your week has been filled with love and positivity.

We have all been wronged by someone at some point in our lives. No one can say they have not experienced some emotional pain in the past. It hurts! I understand that. However, what you decide to do with all that heartache is more important than the hurt itself. Forgiveness means giving up the suffering of the past and being willing to move ahead with far greater potential for inner freedom.

Forgiveness is for our own growth and happiness. When we hold on to hurt, pain, resentment, and anger it harms us far more than it harms the offender. Forgiveness frees us to live in the present. Forgiveness allows us to move on without anger or contempt or seeking revenge.

When you learn to forgive, you will have healthier relationships, mental health improvement, improved self esteem, less stress, anxiety and hostility. So try and be forgiving. Never hold hate in your heart because life is too short for that.



## All Saint's Day

All Saints' Day is a Christian holiday dedicated to honor and commemorate former saints. It is also known as All Hallows' Day or the Feast of All Saints. It is observed yearly on November 1 by the Western Churches and on the first Sunday of the Pentecost by the Eastern Churches.

November 1 is a special day called the feast of All Saints. It is the day the Church celebrates with all the people who have died and are now with God in heaven. Saints are people who love Jesus and share his love with others. We can all be saints while we are still on earth.

God calls each of us to be saints. We become saints by believing in Jesus Christ as the son of God. Saints do things like being kind and helping a neighbor out when they need a hand. Then when we die, we will live with



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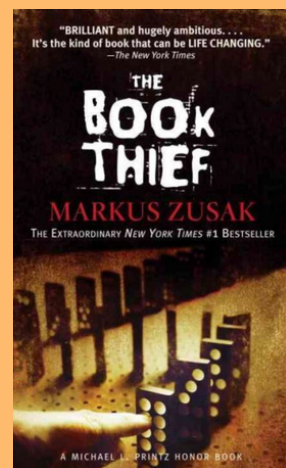
BIBLE VERSE OF

THE WEEK

CINEMA & MORE

## BOOK OF THE WEEK

Trying to make sense of the horrors of World War II, Death relates the story of Liesel — a young German girl whose book-stealing and storytelling talents help sustain her family and the Jewish man they are hiding, as well as their neighbors.



# CANDY CORN CUPCALES

Do you love candy corn? Then this is the best choice for you! This treat is perfect for this spooky season. This is a great recipe for Halloween parties or even gifts.



KAMIN WILLIAMS

## DIRECTIONS TO MAKE CUPCAKES

1. Preheat oven to 350°F. Line two 12-cup muffin pans with paper liners; set aside.
2. In a large bowl, beat cake mix, eggs, water, oil, and vanilla with an electric mixer on medium speed for 1 minute. Increase mixer speed to high and beat for 2 minutes. Place half of batter in a separate bowl. To one bowl, add yellow food coloring; mix well. To the other bowl, add orange food coloring; mix well.
3. Evenly divide yellow batter among muffin cups, then top with orange batter. Bake until a wooden tooth pick inserted in the centers comes out clean, about 18 to 22 minutes. Remove from oven and cool in pan for 10 minutes. Remove to wire racks to cool completely.
4. Place Creamy Marshmallow Frosting in a pastry bag fitted with a large round tip. Pipe frosting onto cupcakes. Garnish with candy corn if desired. Store covered in refrigerator for up to 3 days.

## MAKE CREAMY MARSHMALLOW FROSTING

1. In a large bowl, beat cream cheese until smooth, about 3 minutes. Add confectioners' sugar and vanilla and beat until combined. Add marshmallow crème and beat until creamy, about 2 minutes. Add whipped topping and beat until combined. Use immediately, or store covered in refrigerator for up to 3 days. If refrigerated, allow to come to room temperature for 30 minutes and beat with an electric mixer until smooth and creamy.

- FOR CUPCAKES
- 1 16.5-oz box white cake mix
  - 3 large eggs
  - 1 cup water
  - 1/4 c. vegetable oil
  - 2 tsp. pure vanilla extract
  - 1 tbsp. yellow food coloring
  - 1 tbsp. orange food coloring
  - Candy corn, for topping
- FOR CREAMY MARSHMALLOW FROSTING

- 1 8-oz package cream cheese, softened
- 1 c. confectioners' sugar
- 1 tsp. pure vanilla extract
- 1 7-oz container marshmallow crème
- 1 8-oz container frozen whipped topping, thawed

## ADVICE COLUMN

"Got into a huge fight with my bffs of 6 years after they called out past stuff and isolated me. They called me "toxic" and "manipulative" and haven't contacted me in 6 months. I really miss them but I'm not going back to them until they apologize. Is it a good idea to take back people who hurt you having complete knowledge that it would shatter you?"

### ADVICE:

Hey reader,

I'm so sorry that you are going through this. It can be very tough when we lose touch w friends that have become like family. Sometimes we may not always agree with our friends & that's okay! The first step is to evaluate what went wrong? Then try and see both sides of the situation. They were obviously feeling a lot of pain when they used words like "toxic" and "manipulative". Try and understand why they might feel that way. Of course everyone makes mistakes but it's what we do next that matters. It seems like your pride is trying to make an appearance and that will not help you win back your friends. So try and reach out! You never know, they may miss you as well. *To answer your question, it depends. When you take people back, it means you are showing forgiveness. You are showing that person that you are going to let all the pain that they caused you to disappear. Which can be hard but it will be effective in the long run. Always forgive others. I pray that you and your friends find peace and healing.*

## CINEMA TIME

### CORALLINE

While exploring her new home, a girl named Coraline (Dakota Fanning) discovers a secret door, behind which lies an alternate world that closely mirrors her own but, in many ways, is better. She rejoices in her discovery, until her Other Mother (Teri Hatcher) and the rest of her parallel family try to keep her there forever. Coraline must use all her resources and bravery to make it back to her own family and life.



**Available on:** Hulu, Starz, Sling Tv, Amazon Prime Video, Youtube, Google Play Movies, Vudu, iTunes



"BE KIND TO ONE ANOTHER, TENDERHEARTED, FORGIVING ONE ANOTHER, AS GOD IN CHRIST FORGAVE YOU."

EPHESIANS 4:32



GOD FORGAVE US FOR ALL OF OUR SINS. HE SENT HIS ONLY SON TO DIE ON THE CROSS TO SHOW THAT HE FORGAVE OUR SINS. NO MATTER WHAT WE DO TO GOD, HE WILL ALWAYS FORGIVE US AND HE WILL NEVER STOP LOVING US. SO AS HE HAS FORGIVEN US, WE MUST EXTEND THAT SAME GRATITUDE AND FORGIVE OTHERS.



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