

FASHION CULTURE

ETERNAL GEMS YOUTH NEWSLETTER



Experiencing and appreciating culture

BY MAGDALINE OBENOFUNDE

Hi readers,

How are you guys doing? I hope your week was filled with love, positivity and joy.

Culture is all around us. We eat breathe and live through culture. Culture is expressed in many different ways, Including fashion.

Fashion culture is very significant in society because it has the potential to bring people together & celebrate their own individuality.

BEING YOURSELF is important. Never stop finding different ways to express that.

In Nigeria, the Youruba Tribe are known for their beautiful and exquisite clothing. These traditional clothings are usually worn for special events such as weddings and parties, even funerals.

For example, women wrap cloths around their heads. There are many ways they can style it.

Men and Women in India are usually dressed up according to their tradition. For example, men wear Lungi or Dhoti, which is loose skirt or short type skirt. They also often wear buttoned shirts or loose pants called Sherwanis or Kurt pajamas.

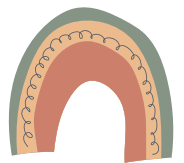
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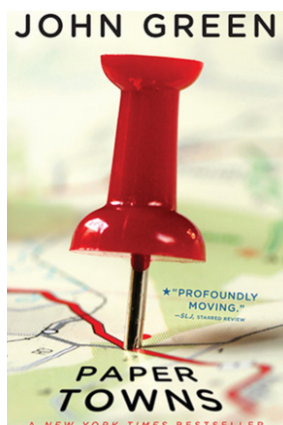
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BOOK OF THE WEEK

PAPER TOWNS BY JOHN GREEN

Young and shy Quentin is in for the night of his life when Margo the most popular student in high school, recruits him to help her play mischievous pranks on the friends who betrayed her. The next day, however, the mysterious Margo is nowhere to be found. With help from a few buddies and some cryptic clues that she left behind, Quentin embarks on an obsessive mission to find the girl who stole his heart and made him feel truly alive.



Cooking corner

For all my smoothie Lovers,

I have the perfect match for you. This mango raspberry smoothie is a delicious and easy recipe that you can try at home and not have to spend too much money. Fruit smoothies can be an easy way to nourish your body with essential nutrients. The best way to know the exact ingredients in your smoothie is to make them yourself. All you need is a blender, fruit and a base, such as water, milk or yogurt. Making your own smoothies can help prevent fruit from going to waste, while providing benefits that will keep you on the right track towards good health.

The ingredients include:

- 1/2 water
- 1/4 medium avocado
- 3/4 frozen mango
- 1/4 frozen raspberries
- 1 tablespoon agave (optional)



**ADVICE
COLOUM**

Directions

Add water, avocado, lemon juice, mango, raspberries and agave (if using) to a blender. Blend until smooth.

Riddle time

Riddle: What is always in front of you but can't be seen?

Answer: The future

Riddle: What can you keep after giving to someone?

Answer: Your word

Riddle: What goes up but never comes down?

Answer: Your age

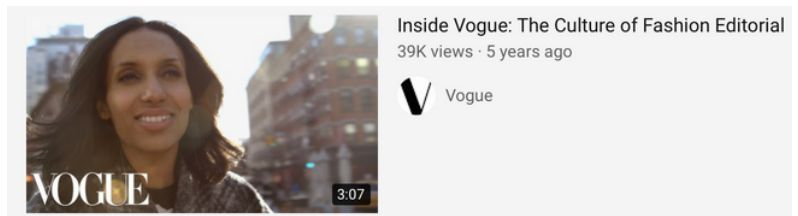
STAYING SAFE ON SOCIAL MEDIA

Social media is a tool we use to share fun and exciting memories of our lives. Although it can be so easy to become addicted to, we always must be careful about the information we share on the internet.

Here is 5 tips to help keep us all safe while using social media.

This segment is dedicated to giving and receiving advice from others. We want this newsletter to be very helpful and interactive as possible. Please send in some issues or problems that you find hard to deal with. We will share your issue anonymously.

CAREER TIME



1. Never share your password
2. Be cautious of sharing too much
3. Don't be afraid to block anymore
4. Adjust privacy settings to fit your needs.
5. Avoid sharing your location



BIBLE VERSE OF THE WEEK



"There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus"

Galatians 3:28

No matter who you are or where you come from, God accepts and loves you. He doesn't care if you are a male or female or if you wear Gucci socks or not. He doesn't care if you wear glasses or contacts. He doesn't care if you watch Disney or Nickelodeon. He doesn't care if you prefer Honey Nut Cheerios or Cinnamon Toast Crunch. He doesn't care what color your skin is or what traditions you participate in. God sees us all as one and His love for you will never change no matter what you do or how much you sin. He is always with you. He is always there for you. He will always love you.



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