



PROACTIVE STUDYING HABITS

ETERNAL GEMS YOUTH NEWSLETTER



STUDY SMARTER NOT HARDER

By Magdaline Obenofunde



IN THIS ISSUE

COOKING CORNER

BOOK OF THE WEEK

ADVICE COLUMN

RIDDLE OF THE WEEK & MORE



Hi Readers,

Hope your weeks will be filled with love and positivity during this season. Were you hoping to get an A for your last exam? Maybe you got a B, or maybe you did worse than that. It's annoying, isn't it...You put in all those hours of studying. You even gave up time with your friends. So what if I could show you a way to work smarter and not harder, so you can get good grades and have time for the things you enjoy and find meaningful? Midterms are soon approaching and you need to be prepared in order to pass your classes no matter what kind of school you are in. Here are some habits to help you accomplish that:

Habit #1: Create a weekly schedule. When you schedule time for a particular task like studying, you're saying to yourself, "I'm going to focus on studying at this time, on this date, and it's going to take this number of hours."

Habit #2: Study offline as much as possible. When you study, you want to be focused, which means limiting all those annoying interruptions that happen when you're online. Switch off your Internet connection and give your brain the peace and quiet it needs to concentrate.

Habit #3: Take notes during class. Taking notes in class is an important study tip to implement. Why? Think about the number of classes you go to every day at school and the mountain of information that gets thrown at you. You'd never be able to remember everything you learned without taking notes.

Habit #4: Use a planner to keep track of assignments and deadlines. If you're not organized when it comes to things related to school, you'll waste precious time doing last-minute work you forgot about.

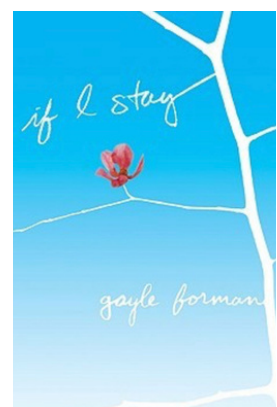
BOOK OF THE WEEK

"If I Stay" by Gayle Forman

Choices. Seventeen-year-old Mia is faced with some tough ones: Stay true to her first love—music—even if it means losing her boyfriend and leaving her family and friends behind?

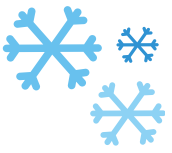
Then one February morning, Mia goes for a drive with her family, and in an instant, everything changes. Suddenly, all the choices are gone, except one. And it's the only one that matters.

If I Stay is a heartachingly beautiful book about the power of love, the true meaning of family, and the choices we all make.





CARAMEL APPLE S'MORES



INGREDIENTS

- 8 MARSHMALLOWS
- 2 GRANNY SMITH APPLES, THINLY SLICED AND CORED
- 4 SQUARES HERSHEY'S CHOCOLATES
- WARM CARAMEL, FOR DRIZZLING

DIRECTIONS

TOAST MARSHMALLOWS UNTIL GOLDEN. SANDWICH S'MORES: TOP ONE APPLE SLICE WITH A HERSHEY'S SQUARE AND TWO TOASTED MARSHMALLOWS. DRIZZLE WITH CARAMEL AND TOP WITH A SECOND APPLE SLICE. REPEAT TO MAKE FOUR APPLE S'MORES.

Riddle Time

What kind of tree can you carry in your hand?

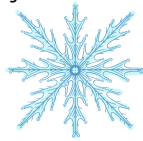
Answer: palm

What did English say to Algebra when they were arguing?

Answer: Don't change the subject.

What fruit is always sad?

Answer: Blueberry



HOME ALONE

When bratty 8-year-old Kevin McCallister (Macaulay Culkin) acts out the night before a family trip to Paris, his mother (Catherine O'Hara) makes him sleep in the attic. After the McCallisters mistakenly leave for the airport without Kevin, he awakens to an empty house and assumes his wish to have no family has come true. But his excitement sours when he realizes that two con men (Joe Pesci, Daniel Stern) plan to rob the McCallister residence, and that he alone must protect the family home.

Available on: Hulu, HBO Max, YouTube, iTunes, Google Play Movies, Vudu



"WHEN PRIDE COMES ON, THEN COMES DISGRACE, BUT WITH THE HUMILITY COMES WISDOM"

PROVERBS 11:2

WHEN YOU'RE TOO PROUD OF YOURSELF, YOU WANT TO BE POPULAR, YOU WANT PEOPLE TO WORSHIP YOU, AND BE YOUR FANS. WHAT'S THE POINT OF THAT? YOU THINK GOD WILL LIKE IT? NO! THE PRAISE SHOULD GO TO HIM! BE HUMBLE, HAVE A HUMBLE HEART, LOVE JESUS, AND HE WILL GIVE YOU WISDOM IN EVERYTHING YOU DO.

