#### ETERNAL GEMS' YOUTH NEWSLETTER

PRAYING

MAY 2021 ISSUE

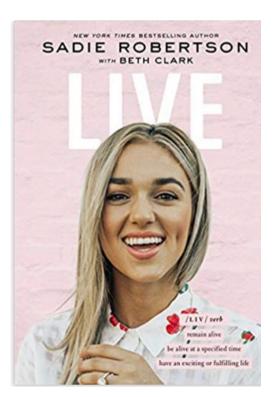
# PRAYING EFFECTIVELY

Throughout the pages of our Bibles, we see examples of men who prayed. Even Jesus, the Son of God, prayed. So I know I should too, but I find it challenging. I suspect I'm not alone. Many Christians struggle with knowing how to pray. We all want our prayers to be "effective," so much so that when we focus on the "results" of our prayers, we lose sight of the incredible privilege we have in prayer. People like us, can speak to the Creator of the universe is in itself is an amazing thing. Even more astounding is the fact that He hears us and acts on our behalf! The first thing we need to understand about effective prayer is that our Lord and Savior Jesus Christ had to suffer and die on the cross to even make it possible for us to approach the throne of grace to worship and pray. Prayer has less to do with the specifics of how we say, what we say, and more to do with the one to whom we are saying it. We pray as ordinary people who have an extraordinary God. We're just normal, you and I. We're just normal people. Prayer is effective, not because of great men who pray, but because of a great God who in Christ graciously hears his people.









#### **BOOH OF THE WEEH** LIVE BY SADIE ROBERTSON

There's a big difference between being alive and knowing how to truly live. To be alive is something that happens to you. But to truly live is something you get to choose each day. As Robertson says, "When you truly learn to live the life God offers, your whole existence becomes a verb. In "Live", Sadie Robertson inspires teens and young adults to thrive in the life God gave us by making choices that will lead us into the fullness He has for us. This book explains the emptiness the world offers find confidence, deal with haters, live in the moment, discover the power of words, and identify the difference between what leads to life and what leads to death wholeheartedly embrace God's ways and God's truth, so young people can make the best choices.



### FRUITY PEBBLES ICE CREAM SANDWICHES

Grease a baking sheet with cooking spray. In a large pot over medium heat, melt marshmallows, butter, and salt, stirring until completely melted. Remove from heat and stir in Marshmallow Fruity PEBBLES cereal.

Pour onto prepared baking sheet and smooth into a 1/2"-thick layer, pressing down to pack it tightly. Let cool to room temperature.

Using a 3" round cookie cutter, punch out 16 circles. Freeze circles until firm, at least 20 minutes.Place a heaping 1/4 cup scoop of ice cream in between two of the cereal-marshmallow rounds and press down. Repeat to make remaining sandwiches. Freeze until firm, at least 2 hours, up to overnight.



Riddle: What can you hold in your left hand but not in your right? Answer: Your right elbow Riddle: What is black when it's clean and white when it's dirty? Answer: A chalkboard Riddle: What gets bigger when more is taken away? Answer: A hole

## "THEREFORE I TELL YOU, WHATEVER YOU ASK IN PRAYER, BELIEVE THAT YOU HAVE RECEIVED IT, AND IT WILL BE YOURS."







INGREDIENTS Cooking Spray, for Pan 1 (10 oz.) bag mini marshmallows 4 tbsp. butter 1/4 tsp. kosher Salt 5 c. Marshmallow Fruity Pebbles™ cereal 2 1/2 c. cookies 'n' cream ice cream



DON'T BE AFRAID TO PRAY BECAUSE YOU FEEL LIKE YOU HAVE NOT SAID ENOUGH WORDS DURING PRAYER. GOD KNOWS YOU HEART AND WILL LISTEN TO YOU REGARDLESS. AS LONG AS YOU LET HIM KNOW WHAT'S GOING ON, HE CAN HELP YOU. HE IS THE ANSWER TO YOUR PRAYERS.