Hi Readers.

Eternal Gems Youth Newsletter

## The Importance of Black History

BY MAGDALINE OBENOFUDNE

Hope your week is filled with love and positivity.



February 1st marks the beginning of Black History Month. Also called African-American History Month. This event originally began as Negro History Week in 1926. The entire month of February is used to focus on the historical achievements of black people. Black History Month is celebrated each year and it has an important impact on this country. We should educate ourselves with every nation and culture so we can learn our differences and appreciate each other for the uniqueness God created in all of us. Celebrating Black History Month is an affirmation of human dignity. The Bible makes it clear that all human beings are created in the image of God. Believing this truth guides us in how we treat our fellow man. It compels us to recognize the dignity that God himself has conferred upon everyone. We can't give dignity to anyone because God has already done so. It is our place to recognize that God-given dignity and treat one another accordingly. God accepted us all and we must show the same gratitude to EVERYONE no matter their skin color.

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## THE HATE U GIVE

Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr.

But what Starr does—or does not—say could upend her community. It could also endanger her life.



INGREDIENTS 4 BANANAS 8 POPSICLE STICKS 1 1/4 C. CHOCOLATE CHIPS 1 TBSP. COCONUT OIL 1/2 C. RAINBOW NONPAREIL SPRINKLES WHIPPED CREAM, FOR SERVING 8 MARASCHINO CHERRIES

"Lately my parents have been fighting a lot. (I'm a teenager) and it is really affecting me. I am very scared and I don't know what to do" Banana split Pops DIRECTIONS

 LINE A LARGE BAKING SHEET WITH PARCHMENT PAPER AND SET ASIDE.
CUT THE ENDS OFF OF EACH BANANA TO LEVEL THE SIDES, THEN CUT IN HALF. INSERT A POPSICLE STICK INTO EACH BANANA PIECE AND PLACE ON PREPARED BAKING SHEET. FREEZE FOR 2 HOURS. IN A MEDIUM MICROWAVE-SAFE BOWL, COMBINE 3. CHOCOLATE 3 CHIPS AND COCONUT OIL AND MICROWAVE IN 30-SECOND INTERVALS, STIRRING IN BETWEEN, UNTIL COMPLETELY MELTED. POUR SPRINKLES INTO ANOTHER SMALL BOWL.

4. DIP THE TOP OF EACH FROZEN BANANA IN CHOCOLATE, THEN ROLL THE MELTED CHOCOLATE TIP AROUND IN SPRINKLES. RETURN TO BAKING SHEET AND FREEZE UNTIL THE CHOCOLATE IS FIRM, ABOUT 15 MINUTES.

5. TOP EACH POP WITH WHIPPED CREAM AND GARNISH WITH A MARASCHINO CHERRY.







Q: What do you call it when your parachute doesn't open? A: Jumping to a conclusion. Q: You can you serve it, but never eat it? What is it? A: A tennis ball.



Q: How do oceans say hello to each other? A: They wave!

I'm so sorry your are going through this. Sometime's it can be very hard to deal with these situations. Parents are going to fight, Its normal. I would suggest trying to keep them happy. They are obviously already going through a lot and you not listening or disobeying them can put more stress on them. Trust me, more stress is never good. It sometimes makes matter worse. So I encourage you to be a positive light to them. Also pray about it. Whenever I talk to God, I always feel better. I hope that this advice will help you. **FUN FACT** THERE ARE 54 COUTRIES IN AFRICA

"AND HE MADE FROM ONE MAN EVERY NATION OF MANKIND TO LIVE ON ALL THE FACE OF THE EARTH."



WE ARE ALL FEARFULLY AND WONDERFULLY MADE THROUGH CHRIST. HE MADE US TO BE DIFFERENT WITH OUR OWN PERSONALITIES. WE MUST LOVE OUR PEERS EVEN IF THEY SPEAK A DIFFERENT LANGUAGE OR IF THEY HAVE A DIFFRENT SKIN TONE THAN YOU. FOR GOD'S LOVE IS EVERLASTING AND IT POURS THROUGH US.